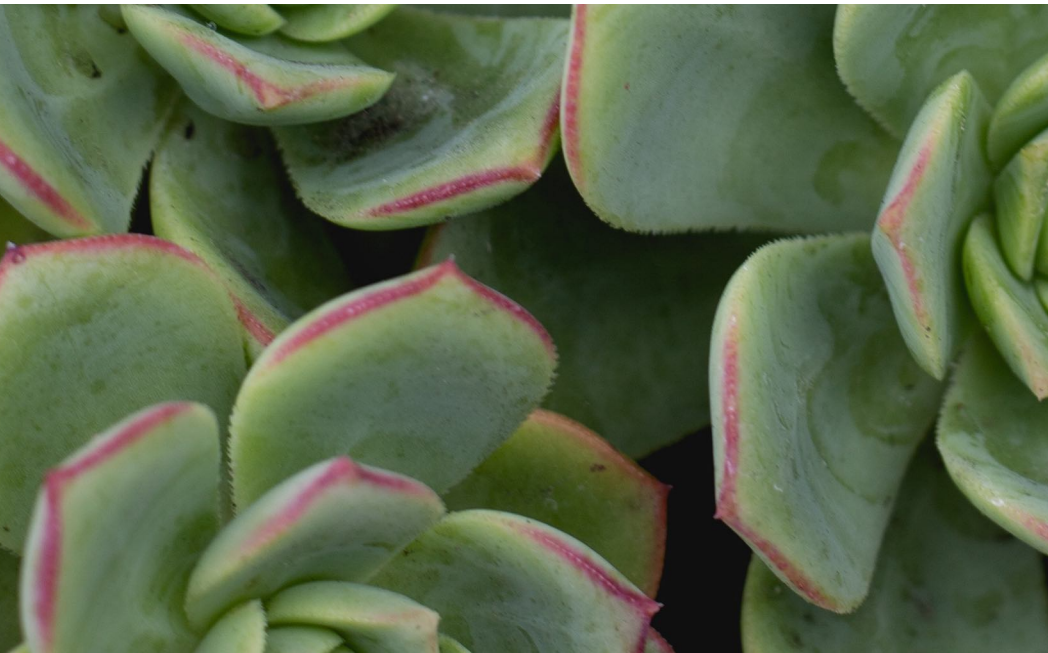


# PSYCHOLOGICAL APPROACHES



## MASTER CLASS : new directions in working with domestic violence

**Date:** Friday 14th October, 9.30-4.30  
**Venue:** Conference Room, Tavistock Clinic,  
120 Belsize Lane, London, NW3 5BA  
**Cost :** £100

Domestic violence is a serious public health concern, associated with health and social costs, and the cause of well documented emotional harm to children.

Although psychological approaches to working with male perpetrators is well established, it has been a challenge to evidence the impact of these approaches. Similarly, strenuous attempts by Local Authorities to establish safety plans and robust risk management approaches for women and children are sometimes thwarted in the context of enmeshed and complex family and organisational dynamics.

This study day is delivered by experts in the field, and aims to bring the interested practitioner up to date with the current evidence base in relation to outcomes and theoretical models. The day focuses on new approaches to an interpersonal and holistic understanding of the challenge of domestic violence, with a focus on interventions.

The aim is to engage practitioners in new ways of thinking - sometimes challenging existing assumptions - in order to encourage innovation and renewed enthusiasm for work in this area.

Psychological Approaches CIC is a not for profit company focused on supporting work with individuals with complex mental health needs and offending behaviour.

Dr Craissati & Ms Motz are psychologists with considerable expertise in risk, child protection and personality disorder; Dr Aiyegbusi is a mental health nurse by background, with experience from 'ward to board' in the NHS. She has considerable experience of leading and supporting staff in forensic and complex settings. Ms Hertzman is an experienced couple psychotherapist, & led a recent evaluation of MBT for parents.

**10-11.15**

### What the evidence tells us

Jackie Craissati sets the scene by presenting recent trends in research and typologies for domestic violence, including rates of re-offending, evaluations of mainstream treatment, and new directions of travel in relation to systemic approaches to interventions.

**11.45-1**

### The trauma of domestic violence: workplace considerations

Anne Aiyegbusi reflects on how the trauma of domestic violence impacts on and gets played out within and between staff teams. The organisational context is considered, along with requirements to contain and work with this phenomena.

**1.45-3**

### Attachment and repair in intimate partner violence

Anna Motz describes the re-enactment of violence and abuse, particularly at times of perceived abandonment, in 'toxic relationships'. She traces the unconscious as well as conscious factors that maintain these relationships, and draws on illustrative case material.

**3-4.15**

### Mentalisation based therapy for violent couples

Leezah Hertzman is supported by Viveka Nyberg in outlining the application & principles of MBT to couples in a violent relationship, many of whom find it difficult to access help as they are considered to be too disruptive to be treated together. Vignettes will illustrate the intervention.

[www.psychological-approaches.org](http://www.psychological-approaches.org)

Registered address: 95 Mörtimer St, London W1W 7GB. Company no. 9690145

For applications, please email:  
[approachestraining@gmail.com](mailto:approachestraining@gmail.com)